

# FREE TO MOVE FREE FROM PAIN

MBST therapy helps patients of all ages, from professional athletes and highly active individuals to seniors and long-term sufferers. The comfortable and risk-free therapy can prolong functional ability and, in several cases, has eliminated the need for surgery, reducing the anxiety associated with painful injuries and debilitating conditions. Our clinics offer a range of medical services alongside the MBST treatment, including Physiotherapy, Chiropractic, Osteopathy and Orthopaedic Consultancy.



## SENIORS

### KEEP DOING WHAT YOU LOVE FOR LONGER

For active ageing, maintaining or regaining muscle strength, and treating conditions such as Osteoarthritis, Osteoporosis, back pain and soft tissue damage



## PATIENTS

### FAST-TRACK YOUR REHAB AND GET BACK TO BEING ACTIVE

Speed up rehabilitation after recovering from an injury or surgery, and reduce the chance of further injuries. Address the pain, don't wait until it's too late



## ATHLETES

### MAINTAIN YOUR BODY FOR PEAK PERFORMANCE

For athletes recovering from injury or surgery, managing a musculoskeletal condition, or suffering from pain caused by muscle, ligament or tendon damage

# INVEST IN YOUR HEALTH



## Atlas Physio

The Raylor Centre  
James Street  
York  
YO10 3DW

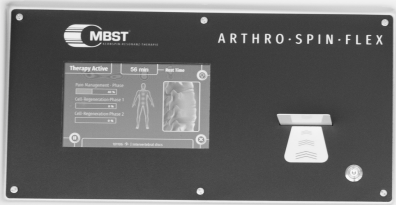
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E: [info@atlasphysio.co.uk](mailto:info@atlasphysio.co.uk)  
W: [www.atlasphysio.co.uk](http://www.atlasphysio.co.uk)



I had a crippling back issue and tried everything going. I was able to avoid surgery thanks to the success of MBST treatment. It's mind-blowing. If I'd used it a year before I retired it would've given me another three to four! MBST literally changed my life.

### JOHNNY NELSON MBE

Former Undefeated WBO World Champion,  
MBST Medical UK Ambassador



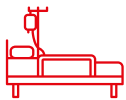
ATLAS PHYSIO YORK

## NEW TREATMENT AVAILABLE

### MBST

Advancing the Non-Invasive  
Treatment of Injury & Pain

MBST® Magnetic Resonance Therapy is the only non-invasive medical device to work at a cellular level. The multi-award winning technology is proven to treat Osteoarthritis, back pain, soft tissue damage, sports injuries and more, with no side effects.



No Surgery



No Medication



No Injections



No I.V Infusions

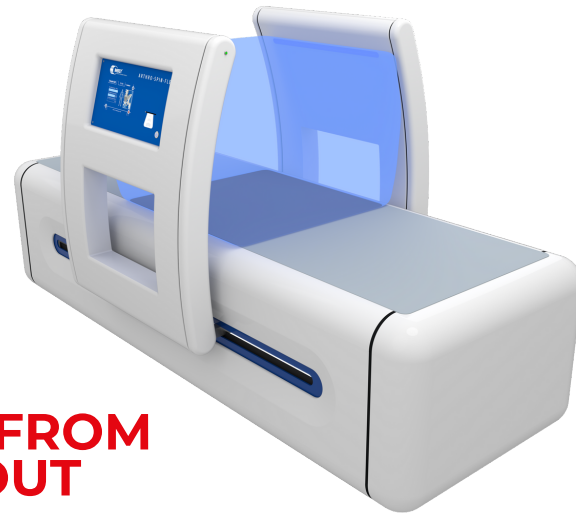


No Side Effects



No Painkillers

# WHAT IS MBST?



## TREATMENT FROM THE INSIDE OUT

MBST® therapy targets the cause of degenerative diseases. In treating injuries and other indications, MBST is used for its anti-inflammatory and pain-relieving effects and to actively accelerate healing processes. It is also an optimal supplement in post-surgical, post-in-patient and rehabilitation accompanying treatment strategies for all aspects of the musculoskeletal system. By invigorating the damaged cells at a molecular level, Magnetic Resonance Therapy stimulates the regeneration of the impaired cells, triggering the body's natural healing process and reducing pain and immobility.

## HOW MBST WORKS

The multi-patented technology uses Magnetic Resonance Therapy to communicate with damaged and degenerated cartilage, bone, ligament, tendon, and muscle cells and encourages them to repair and regrow.



Take  
Charge of  
Your  
Health

## WHAT MBST CAN TREAT



### Osteoarthritis

By directly targeting the cause of Osteoarthritis, MBST counteracts cartilage degeneration and triggers the body's natural repair mechanisms & regeneration processes.



### Osteoporosis

MBST stimulates specific cells at a molecular level, encouraging bone tissue cells to regenerate more quickly, which helps to rebuild bone density and reduce brittleness.



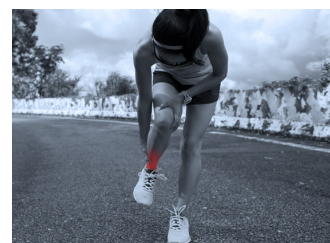
### Treating Pain

MBST technology works on the physical principle of magnetic resonance, stimulating various biophysical processes and triggering anti-inflammatory & pain-relieving effects.



### Spinal Disorders & Back Pain

MBST reduces pain & improves mobility by increasing the metabolism of the intervertebral discs and re-triggering the body's repair mechanisms & regeneration processes.



### Sports & Accident Injuries

MBST targets specific cells and stimulates them into regrowth, providing active cell regeneration when the body's self-regeneration ability is impaired due to injury.



### Post-Surgery

MBST is used alongside physiotherapy, chiropractic, osteopathy, and sports therapy to facilitate the rehabilitation process that follows major or minor surgery.

## WHY MBST COULD BE THE BEST SOLUTION FOR YOU

In many cases, MBST can prevent the need for surgery and longterm medication.



## YOUR PERSONALISED TREATMENT

The therapy cards are programmed to target damaged tissue in the body, specifically treating either cartilage, bone, intervertebral discs, muscles, tendons, ligaments or nerves. With some damaged tissues, more therapy hours are necessary for an optimal result. Through a medical evaluation, a healthcare professional can diagnose your condition and identify the particular MBST therapy card you need. Your personal treatment data is stored on the therapy card and transferred to the MBST device. The device can then precisely target the area and tissue that requires treatment.



## YOUR MBST THERAPY SESSIONS WHAT TO EXPECT

Each MBST therapy session lasts for 60 minutes, during which time two regeneration phases and one pain reduction phase are applied. Throughout the hour of comfortable therapy, the patient can stay unattended and listen to music, read or even sleep. The number of treatment sessions required will depend on the diagnosis and the severity of the disease or injury, with a minimum of 5 and maximum of 10 therapy sessions per treatment block. The therapy can be repeated as often as required, depending on the outcome.